



HopeHealth

Hospice & Palliative Care

The Center for Hope & Healing



Hope and Healing in Your Time of Loss

The Center for Hope & Healing provides free grief support for families and community members. Our skilled clinicians specialize in grief and loss, and trained volunteers also play an important role in providing compassionate support through our bereavement program.

Our Services

From grief counseling to education, the Center hosts a range of programs for individuals, families and the community. These include:

- Visits with a grief counselor or bereavement volunteer — in person or virtually via Zoom*
- Individual, group and family counseling*
- Support groups — including weekly, monthly and special topic sessions
- Educational resources for coping with grief and loss
- Memorial events to honor loved ones
- Weekend of Hope & Healing — an annual retreat for grieving adults
- Camp BraveHeart — a summer program for grieving children and teens
- Educational presentations to schools, businesses and community organizations

*Reserved for those with a loved one under HopeHealth's care



grief support

Support Groups

Our support groups provide a safe, confidential setting for anyone experiencing a loss. Groups meet weekly, biweekly or monthly, depending on need.

In addition to general support, we offer groups focused on specific ages, communities and types of loss.

These include:

- Loss of Spouse/Partner
- Loss of Parent
- Loss of Child
- Young Adult
- Children and Teens
- LGBTQ+



**For more information about grief support
please call (888) 528-9077**

Grief Support for Children and Teens

The Center offers special grief support for ages 5 to 17, led by skilled clinicians trained in children and adolescent loss. These programs give children and teens age-appropriate ways to express their emotions — through group support, play, art and one-on-one counseling.

We also host Camp BraveHeart, a two-day summer program where children and teens participate in a mix of therapeutic and traditional camp activities.

Who We Support

If you live in Rhode Island or Massachusetts, and have experienced a loss within the last two years, you are eligible for many of our services — including free support groups and resources.

If your loved one was cared for by HopeHealth, you are eligible for all our offerings — wherever you live.



services,
or visit HopeHealthCo.org/GriefSupport

Loss and Grief

Healing after a loss takes time, effort and support. The Center for Hope & Healing is here to help.

Our skilled counselors can guide your family through the difficult times that follow a death, and support you through your unique grieving process.

While life will never be the same, we can help you find your path to meaning and hope.



For 50 years, HopeHealth has provided nonprofit, high-quality, compassionate care to people facing a serious illness. As the second oldest hospice in the country, and one of the largest nonprofit providers of hospice and palliative care in New England, HopeHealth is recognized for setting the highest standards in serious illness and end-of-life care. The organization's services include hospice and palliative care, grief and caregiver support, and specialized dementia care. HopeHealth Hospice & Palliative Care proudly serves as the major teaching affiliate for hospice and palliative medicine of the Warren Alpert Medical School of Brown University.

For information about our grief support services, contact The Center for Hope & Healing at (888) 528-9077 or visit HopeHealthCo.org/GriefSupport.



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