

Loss and Grief

It takes time, effort and support to heal after the loss of a loved one. HopeHealth's Center for Hope & Healing is here to help.

Our skilled counselors can guide your family through the difficult times that follow a death, and support you through your unique grieving process.

Although life will never be the same, we can help you find your path to meaning and hope.

Visit [HopeHealthCo.org/GriefSupport](https://www.HopeHealthCo.org/GriefSupport) or call (888) 528-9077 for information and support.



HopeHealth is committed to bringing comfort, respect, and the highest quality care to patients and families coping with serious illness. Our hospice, palliative and home health care services support thousands of families each year throughout Massachusetts and Rhode Island.

For information about our grief support services, contact The Center for Hope & Healing at (888) 528-9077 or visit [HopeHealthCo.org/GriefSupport](https://www.HopeHealthCo.org/GriefSupport).


HopeHealth
Hospice & Palliative Care

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English HopeHealth prohibits discrimination and harassment of any type without regard to race, color, religion, age, sex, national origin, disability status, genetics, protected veteran status, sexual orientation, gender identity or expression, or any other characteristic protected by federal, state or local laws.

Español (Spanish) HopeHealth prohíbe la discriminación y el acoso de cualquier tipo sin distinción de raza, color, religión, edad, sexo, nacionalidad, estado de discapacidad, genética, estado de veterano protegido, orientación sexual, identidad o expresión de género, o cualquier otra característica protegida por el gobierno federal o estatal, o leyes locales. **ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1 (844) 671-HOPE.

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**The Center
for Hope & Healing**



Hope and Healing in Your Time of Loss

Grief support services offered by the Center of Hope & Healing are open to anyone who has had a loved one under the care of HopeHealth. Some programs, like support groups, are also open to the public.

Our services include:

- Visits with a grief counselor or bereavement volunteer. The visits can be in person or virtually via Zoom
- Group, individual, and family counseling
- Support groups, including weekly, monthly, and special topic sessions
- Educational resources for coping with grief and loss
- Memorial events to honor loved ones
- Weekend of Hope & Healing, a grief retreat for adults
- Camp BraveHeart, a summer program for grieving children and teens

**grief
support**

Support Groups and Education

Our support groups provide a safe, confidential and supportive setting for anyone experiencing a loss. Frequency of support groups vary from weekly to monthly depending on need.

In addition to general support, we lead special topic groups. These include:

- Children and Teens Support Groups
- Loss of Child
- Loss of Spouse/Partner
- Loss of Parent
- Loss of Sibling
- LGBTQ+
- Mindfulness
- Portuguese-Speaking
- Spanish-Speaking

All of our support groups are free and open to anyone. Upon request, the Center also provides educational presentations to schools, businesses and community organizations.

Grief Support for Children and Teens

We offer special grief support services for ages 4 to 17, led by counselors trained in children and adolescent loss. These programs provide age-appropriate ways for children and teens to express their emotions through group support, play, art activities, and one-on-one support.

We also host Camp BraveHeart, a two-day summer program where children and teens participate in a mix of therapeutic and traditional camp activities.



All of our counselors are skilled clinicians who specialize in grief and loss.

For more information about grief support services, please call (888) 528-9077 or visit [HopeHealthCo.org/GriefSupport](https://www.HopeHealthCo.org/GriefSupport)