



## Individual and Family Consultations

Given the challenges of caregiving for people with dementia, individuals and families often elect to work with a dementia specialist to develop a care management plan. Having a proactive care plan in place that changes as the disease progresses is essential for maintaining the highest quality of life for all involved.

A skilled dementia specialist can anticipate the changing needs of the caregiver and the care recipient, provide guidance and support on how to best manage the disease progression for all involved, and connect families to the vast number of community resources available to provide support throughout the journey ahead. This brings optimal support to caregivers allowing them to better care for their loved ones and keep them at home for a longer period of time.

"The caregiver support group has allowed me to share my inner feelings with others who feel the same way. This group has given me the strength to go on every day."

- a Hope Dementia & Alzheimer's Services client

# We Can Help

We understand that caring for someone who has Alzheimer's disease or a related dementia can be a difficult physical, emotional and mental challenge. Caregiving can go on for years and requires special understanding, patience and skills.

Hope Dementia & Alzheimer's Services is here to help. Our goal is to work with you to create a comprehensive care plan starting with an initial assessment to determine your unique individual needs. We offer a wide range of services for those caring for a loved one with dementia, as well as other family members, healthcare professionals and community agencies.

#### **Family Services**

- Initial assessment with the caregiver and family members for counseling and disease education
- Caregiver education programs
- Ongoing family care support management
- Caregiver support groups
- Telephone helpline
- Respite grants
- Memory screenings
- Referrals to other local resources
- Community presentations

#### **Professional Services**

- Dementia certification and ongoing education for healthcare professionals
- Annual professional conference focusing on current trends in dementia care education

No one can do this alone. Call (508) 775-5656 or email Info@HopeDementia.org today to schedule your first visit.



Touching the lives of people coping with serious illness takes dedicated services and special support. At HopeHealth, that is our focus — providing innovative care with the utmost skill, compassion and respect. Established in 1981 as Hospice of Cape Cod, we were one of the nation's pioneer programs. Today as HopeHealth, we serve thousands of people each year — delivering a wide range of services throughout eastern Massachusetts and Rhode Island.

Our HopeHealth family of services in Massachusetts includes:

- Hope Hospice
- Hope Care for Kids
- Hope Dementia & Alzheimer's Services
- Hope Academy

To learn more about HopeHealth's services, call (800) 642-2423, email Info@HopeHealthCo.org or visit HopeHealthMA.org.



## **Our Mission**

Hope Dementia & Alzheimer's Services provides information, education and support for people with Alzheimer's disease or a related dementia — and the families and professionals who care for them.

### You Can Help

Your support ensures that caregivers and those living with dementia receive the services, care and support needed for the best possible quality of life.

As a community-based, non-profit organization, we depend on the generosity of many individuals, foundations and corporations.

Please visit HopeDementia.org to make a gift or become a volunteer.



Serving Eastern Massachusetts



Part of the HopeHealth family of services

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