2016 Annual Report

Generosity touches lives

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Dear Friends,

What an exciting year for HopeHealth!

First and foremost, we are deeply grateful for the heartfelt expressions of appreciation and generosity by so many members of the community. Your continued support allows HopeHealth to provide care to all those in eastern Massachusetts who are experiencing the impact of serious illness and loss.

In January 2016, we affiliated with Home Care & Hospice of New England becoming the largest non-profit hospice and palliative care provider in New England. We also celebrated our 35th year of service to the community, and our dedicated staff of physicians, nurses, hospice aides, social workers, chaplains, grief counselors and nearly 150 volunteers provided excellent quality of care to over 1,200 patients when they needed it most.

As always, we are committed to supporting the communities we serve in meaningful ways. Ellen Aldrich's moving story of the loss of her husband illustrates unexpected ways in which our staff goes above and beyond to make a difference in the lives of our patients and their families, every day.

Thank you for your support – we could not do this important work without you!



Diana Franchitto



Allen Peckham

Sincerely,

Diana Franchitto President & CEO

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Allen Peckham Chairman, Board of Directors

Frank and Ellen Aldrich's generosity and spiritual faith help sustain Hope Hospice patients and families

Renewing her wedding vows in September 2016 with her husband, Frank Aldrich, said Ellen Aldrich, "was a very special, poignant and meaningful moment in our lives."

The ceremony, celebrating their 50th wedding anniversary, occurred at the McCarthy Care Center (MCC) days before Frank's death and mere months before their actual anniversary. Ellen tearfully recounted, "Dr. Jorge A. Alfonso [HopeHealth's medical director and an internist with Emerald Physicians, where he'd treated Frank] served as our best man, and our daughter and the director of our company were the maids of honor. Staff members congratulated us after the ceremony."

"It was humbling and emotional [to serve as best man]," said Dr. Alfonso, who had cared for Frank, once a very bright and strong man, through the end of his life's journey. "God gives me strength...every time I see a patient at MCC, it strengthens me even more. It's an honor to see the last minutes of a patient's life and know I did the best I could to help [the patient] achieve their journey in peace."

Dr. Alfonso, chaplain Gary German and social worker Susan Fencer-Cote were among MCC's staff moved by the couple's deeply religious faith—evidenced by their frequent missionary trips to Jamaica and their



Ellen Aldrich cherishes the memory of her beloved husband Frank

fostering a young Jamaican boy and love for one another.

"They were a very open family; the ability for them to be vulnerable was phenomenal," said German, who noted that Frank and Ellen were at peace with Frank's impending death. German recalled Frank telling him, with a smile, "It's OK, this is my journey."

Ellen, now 70, said that she and Frank were deeply comforted by staff members' attention to our physical, emotional and spiritual needs. "They nicely arranged his rosary beads on his pillow near his head or put them in his hand; they knew how much it meant. After he died, they had my rosary beads and a special Holy Card entwined in his folded hands. That was very touching."

The Aldrich family at home

Ellen and Frank's loving partnership was grounded in their shared values of family and faith. Although they loved one another deeply, it was not a "fairy tale marriage in the beginning," explained Ellen, acknowledging their youth and immaturity when they married. "We supported each other and grew together in our marriage and our faith as well. Frank was my safe harbor and protector."

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With two children and three grandchildren, including their Jamaican foster grandson with cerebral palsy, Ellen and Frank were also business partners, owning a computer store and, later, a Visiting Angels franchise, which provides home health care. In referring Visiting Angels' clients to HopeHealth, they learned more about its superb services, delivered with compassionate care.

Frank's heart-breaking diagnosis

Shortly after Christmas of 2015, the couple weathered Frank's diagnosis of a glioblastoma, which his doctors called "always fatal" and subsequent brain surgery, chemotherapy and radiation. After Frank's diagnosis, the couple, believing their earthly purpose is to help others, committed to contributing financially to help support HopeHealth.

"We knew how critical HopeHealth's work is and how terrific the staff members are," said Ellen. Given Frank's terminal illness, they gained a deeper understanding of what home health caregivers and their patients experience.

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"Hope Hospice understands that it is the individual who gets cancer, and the whole family experiences it too."

Before Frank underwent his second brain surgery, he worked and even enjoyed his long-anticipated trip to Italy with his family. That journey's joy was tempered by Frank's awareness that despite having the best possible medical treatment, the tumor had returned.

Hope Hospice at home and at the McCarthy Care Center

Hope Hospice began caring for Frank in September, sending a nurse to their home regularly and to support his loved ones. "She was a great comfort to the entire family," Ellen added. "Hope Hospice understands that it is the individual who gets cancer, and the whole family experiences it too." During his final weeks, Frank suffered intense pain and a grand mal seizure. In need of round-theclock care, he was transferred to MCC. "It was a place of peace and tranquility; we felt like the only ones there, even with other patients present," said Ellen. Never intrusive but always available, staff ensured that classical music, another Aldrich passion, played in Frank's room.

ouches lives

The couple's commitment to contribute to HopeHealth survived Frank's death. "There's no greater way to help people at the end of their life—to help them be more comfortable and make it easier for them—than by supporting HopeHealth," Ellen said.



A trailblazing pediatrician receives help from Hope Hospice

Walking into the home of Dr. T. Berry Brazelton, it's easy to get overwhelmed. Built on a magnificent stretch of the Barnstable Great Marsh, the rooms are full of family photographs across the years—the doctor, his striking wife Christina, four children and seven grandchildren. A closer peek reveals other faces including Barack and Michelle Obama, Hillary Clinton, Beverly Sills, Big Bird. Clearly we are in hallowed company!

Dr. Brazelton's relaxed and welcoming manner belies the fact that he has squeezed in this interview before he "goes to town," as he calls his frequent trips to Cambridge where, at 99 years old, he still maintains a busy schedule as founder of the Brazelton Touchpoints Foundation.

He has received countless awards as a trailblazing pediatrician, author, teacher, speaker, producer and researcher, including a daytime Emmy, 15 honorary degrees and the Presidential Citizen's Award, the nation's second highest civilian honor. But there is one more lifetime achievement he considers among his most important: his 66-year marriage to his beloved Chrissie.

"We met at a dinner party," Brazelton recalls. "I thought she was snobby, but her sister said, 'she was just very shy.' I proposed to her on our second date. She later told me she never did say yes, but I wasn't taking no for an answer!"

The marriage was a long and happy one. "We fought all the time, but I always let her win," he says, smiling. Then Chrissie began to exhibit symptoms of Alzheimer's disease. Over the next decade, Brazelton had to step back from his career at Children's Hospital and Harvard, move to the Cape and get round-the-clock help to support his wife's needs. "I was really frightened. I never expected her to leave me first," Brazelton says. "It was so hard. All I could do was love her, hold her and support her."

As Chrissie's condition became terminal, Brazelton called Hope Hospice to help them through the final stage of the disease. Having Hope Hospice's nurse come on a regular basis gave them both comfort. "Chrissie seemed to perk up every time the nurse came. Hope Hospice's people are so wonderful, we could really rely on them—they were our anchor, for which we were so grateful. I can't imagine how other folks go through something like this without their kind of expertise and assistance."

Since Chrissie's death in 2015, Brazelton has become a regular donor to Hope Hospice. "We have been so fortunate to have all the help we needed. I believe for those of us who can, it's our responsibility to help others. I hadn't understood hospice until I needed it. Now I want others to know how important it is, and help make sure it's available to meet their needs too."



T. Berry Brazelton, MD: Clinical Professor of Pediatrics Emeritus at Harvard Medical School and Founder, Brazelton Touchpoints Center, Boston Children's Hospital

"Hope Hospice's people were our anchor... I can't imagine how other folks go through this without their expertise and assistance."

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JoAnne Papi

Miracles in Fitness team motivates others to raise funds for Alzheimer's disease

On a blustery, crystal-clear Sunday morning in May, the Annual HopeHealth Walk for Alzheimer's kicked off at Scusset Beach in Bourne. The gathered crowd of more than 1,200 participants surged forward as the opening horn blew. They'd all come with the common goal of raising funds to offer hope to people dealing with the challenge of having a loved one with Alzheimer's disease. The funds raised support Hope Dementia & Alzheimer's Services programs that help those living with the disease, their caregivers, healthcare professionals and community agencies.

In the rising tide of walkers, a wave of royal blue t-shirts stood out. The Miracles in Fitness team was 102 members strong, the largest of any that day. They ranged in age from seven to 80 years old. Their leader, JoAnne Papi, had single-handedly organized the most successful team in the history of the event.

Papi's motivation was personal. The second oldest of four sisters who grew up in Sagamore Beach, she was shocked when her older sister Susan was diagnosed with early-onset dementia.

"We had no idea she had it," JoAnne recalls. "She was only 52, but we knew something was up. We just thought it was menopause or something related to normal aging. An old high school friend of hers who hadn't seen her in six months took her out to lunch and called us immediately. She was gravely concerned about the changes since their last visit. A neurologist in Boston ordered an MRI and confirmed the diagnosis."

When Papi takes on a challenge, she takes it all the way. As a long-time Harley-Davidson rider and a personal trainer who runs her own successful fitness center, she admits she is very competitive. "I'd do anything for my sister," says Papi. "When I heard about this Walk and the great services it helps to support, I thought that she could be using those services someday, so I was in!"

Julie Dalton, event recruitment coordinator at HopeHealth, says, "JoAnne is a true go-getter who excels at motivating people. She has deep roots in the community with a vast network of connections. And she uses social media well to get the word out."

The Miracles in Fitness team ended up raising over \$16,000 for the cause, more than 10% of the total of \$170,000 raised by the 150 teams that day. "I only give to causes I believe in," Papi says. "I tell my team members, every little bit helps. \$10, \$25. It all adds up."

This year, Papi is looking to do it all over again. Being the competitor she is, she hopes to surpass last year's goal. And her powerful wave of royal blue walkers will rise again!



2016 Events

HopeHealth hosted three remarkable fundraising events generating vast support for our patients, families and caregivers on Cape Cod and in southeastern Massachusetts. In May, over 1,200 walkers raised funds in support of Hope Dementia & Alzheimer's Services during our annual HopeHealth Walk for Alzheimer's. In July, the 29th Annual Evening by the Sea Auction supporting Hope Hospice was held at the Wianno Club in Osterville, with honorary chairs Doreen and Chuck Bilezikian. In August, we enjoyed the 6th Celebrate Summer Memories Auction at the beautiful Wequassett Resort and Golf Club benefiting Hope Dementia & Alzheimer's Services, with special guest Greg O'Brien, author, *On Pluto: Inside the Mind of Alzheimer's*. We are grateful to all who joined us at our events this year in support of the HopeHealth mission.

Evening by the Sea



Jeffrey and Nancy Bilezikian



Tony and Lorraine Shepley pay tribute to honorary chairs, Chuck and Doreen Bilezikian



Guests enjoying themselves at our Evening by the Sea Auction



Let the auction begin!

HopeHealth Walk for Alzheimer's



Celebrate Summer Memories



Kathy Peckham, Diana Franchitto and Pat Cahill





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- 2: Ocean Spray
- 3: Team Kinlin Grover
- 4: Keystone Place at Buzzards Bay
- 5: The Morgano Team
- 6: Pleasant Bay Nursing & Rehabilitation Center
- 7: McCarthy Care Center
- 8: Team Pep-in Your Step
- 9: Hope Dementia Memory Keepers
- 10: The Forget-Me-Nots

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Allen Harbor Yacht Club Bass River Women's Golf Association Falmouth Road Race Phil Richer Summer Events Swan River Canoe and Kayak Race

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Colleen Reilly Taylor Quigley Fred Sarver Josh Sarver

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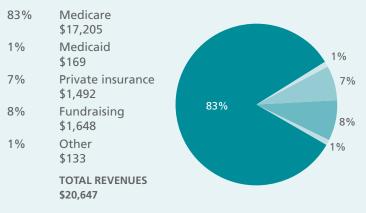
Paul Stajduhar

Richard Trull



2016 Financials*

FUNDING SOURCES (in thousands)



ASSETS (in thousands)

Cash and cash equivalents	\$1,960
Investments	\$5,756
Accounts receivable	\$2,748
Other assets	\$3,565
Goodwill	\$831
Land, building and equipment (Net)	\$3,777
TOTAL ASSETS	\$18,637
LIABILITIES (in thousands)	
Current	\$2,913

\$3

\$2,916

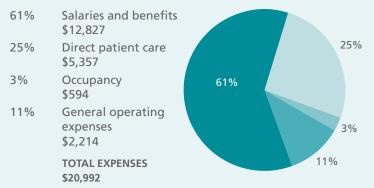
NET ASSETS (in thousands)

Long term

TOTAL LIABILITIES

Unrestricted	\$12,914
Temporarily restricted	\$2,657
Permanently restricted	\$150
Total liabilities and net assets	\$15,721

EXPENSES (in thousands)



*Fiscal year January 1, 2016 - September 30, 2016

KEY STATISTICS

Number of employees	222
Number of volunteers	147
Number of patients served	1,264
Average daily census	293



Touching the lives of people coping with serious illness takes dedicated services and special support. At HopeHealth, that is our focus — providing innovative care with the utmost skill, compassion and respect. Established in 1981 as Hospice of Cape Cod, we were one of the nation's pioneer programs. Today as HopeHealth, we serve thousands of people each year — delivering a wide range of services throughout eastern Massachusetts.

HopeHealth's family of services

Hope Hospice & Palliative Care Rhode Island 1085 North Main Street Providence, RI 02904 Additional office in Wakefield, RI

Philip Hulitar Hospice Center 1085 North Main Street Providence, RI 02904

Hope Palliative Care Center 100 Highland Avenue, Suite 303 Providence, RI 02906

Visiting Nurse of HopeHealth 6 Blackstone Valley Place, Suite 515 Lincoln, RI 02865



Hope Hospice Massachusetts

765 Attucks Lane Hyannis, MA 02601 Additional offices in Brockton and Martha's Vineyard

McCarthy Care Center 73 Service Road East Sandwich, MA 02537

Hope Dementia & Alzheimer's Services 765 Attucks Lane Hyannis, MA 02601

HopeHealth 765 Attucks Lane, Hyannis, MA 02601 (508) 957-0200 Info@HopeHealthCo.org

HopeHealthMA.org

