

2018 Continuing Education Programs for Nurses, Social Workers and Case Managers

Alzheimer's and Dementia Education

Understanding Dementia

General overview of the disease progression of Alzheimer's disease and related dementias, compassionate care approaches for persons impacted by dementia.

Assessing Pain in Cognitively Impaired Adults

A brief overview of disease progression of Alzheimer's disease. Tools to assess and quantify pain reports in the cognitively impaired adult. Pain management strategies for the most common types of pain.

The Second Part of the Journey: Late Stage Dementia

Helpful knowledge and strategies to assist families impacted by end-stage dementia. Participants will view a video that can assist loved ones with understanding the disease progression.

Facilitating Reminiscence †

A review of common memory triggers and three strategies to help people with dementia connect with their loved ones and caregivers. It is interactive and gives the learner a chance to see exercises in action.

Advance Care and Planning

NEW: Empathetic Communication

This interactive presentation reviews the communication changes that occur in dementia as a result of progressive neurologic decline. Participants will learn new perspectives on communication through videos and demonstrations.

Hospice Eligibility and General Inpatient Benefit †

Provides insight and a clear understanding of the Medicare and Massachusetts regulations that govern this level of hospice care. Learn the specific eligibility criteria and how this level of care benefits the patient and your facility. There will be discussions specific to GIP documentation, best practice and case studies.

Shifting Hope: Supporting Patients, Families and Others with Shifting Goals for Quality of Life †

Strategies to help patients and families struggling with decisions and care models encountered while facing serious illness. Discuss communication techniques and how to create an environment that supports patient and family goals.

Wills, Health Care Proxies and Power of Attorney †

Presented with one of our attorney partners and provides the learner with an understanding of the life planning documents such as wills, trusts, MOLST and health care proxy.

MOLST Overview for Health Professionals

Overview of the components of the Massachusetts Medical Orders for Life Sustaining Treatments (MOLST) orders. This presentation discusses updates to the MOLST program, how the MOLST form is used, and goals to create meaningful use of this advanced planning document for patients and their loved ones.

Ethical Issues in Palliative Care †

Overview of initiating goal-focused negotiations about care plan issues with patients and families. Reviews legal and medical ethics consensus points in end-of-life care. Identifies ethical end-of-life issues without legal consensus. Lists common legal myths and potential pitfalls.

Symptom Management and Serious Illness

Managing Pain (Or Managing Pain in End-Stage Renal Disease) †

Overview of three clinically relevant pain types and the different approaches used to manage them. Discuss the consequences of untreated/undertreated pain and barriers to achieving excellent pain management for patients.

Assessing and Managing Delirium

This presentation provides an overview of dementia and differentiates between disease progression of dementia and the acute change in mental status associated with delirium. Tools to assess delirium will be reviewed. Acute and palliative treatment strategies for delirium will be covered.

Late-Stage Heart Disease

Understand how to define heart failure, the progression of end-stage disease, differentiation in goals of care between implanted defibrillators and pacemakers, and goals of treatment at the end of life.

Advance Care Planning for Patients with ICDs and Pacemakers

An overview of indications for implanted pacemakers and defibrillators with end-stage diseases. We will discuss the implications these devices have on serious illness.

Self-care for Health Professionals

NEW: Caring for Ourselves while Caring for Others: Developing Insight and Avoiding Burn-out

Caring clinicians can become victims of the cumulated stress of meeting the overwhelming needs of patients and their families. Compassion fatigue not only affects the clinician and the patient's experience of care but also the clinician's view of job satisfaction and work place environment. This presentation will assist clinicians to identify stress related behaviors linked to compassion fatigue and burnout and self-strategies to prevent it.

NEW: Grief and Loss

Healthcare environments have a high degree of stress related to issues of grief and loss. This presentation will discuss types of grief, assessing grief reactions in patients and families and strategies to increase personal awareness of coping with grief and loss in a healthcare environment

Programs approved for one CE/contact hour credit for RN/LPN and SW. Commonwealth Educational Seminars provides accreditation. For more information visit: HopeHealthMA.org/AccreditationInformation.

† Select programs are approved for CCM

**Please contact your HopeHealth representative to arrange CE/CME classes.
HopeAcademy@HopeHealthCo.org or (508) 957-0200**

2018 Continuing Medical Education for Physicians, Nurse Practitioners and Physician Assistants

Advance Care Planning

Addressing Medical and Palliative Options at End-of-Life (Medical Futility)*

List factors that may contribute to futility situations; understand how to identify common factors; understand how to communicate and negotiate to resolve conflict directly; and understand six steps involved in attempting to resolve seemingly intractable conflict.

Hospice Eligibility and the General Inpatient Benefit (Medicare Guidelines and Philosophy of Care)

Many of the patients who present to the emergency department (ED) each year are either currently receiving or in need of hospice services. The initiation of hospice care in the ED or upon discharge from the hospital can provide relief of patient suffering, allow for a seamless transition from acute medical management to palliative management of disease, and can facilitate a higher quality of life. Providers will be better able to formulate the next best steps of a care plan if they understand the barriers that exist to hospice care.

MOLST Overview for Health Professionals

Overview of the components of the Massachusetts Medical Orders for Life Sustaining Treatments (MOLST) orders. This program addresses who will be providing discussions, how patients and families can obtain them, how they differ from the current comfort care orders for the community and frequently asked questions.

Communicating Difficult News*

Communicating difficult news is an essential skill for clinicians. This module presents a six-step approach to communicating difficult news. Approaches for handling the family who says “don’t tell” the patient, using an interpreter and communicating prognosis are also discussed. This offering does not address death disclosure, but techniques will be helpful regardless of the situation.

**Adapted from Education in Palliative and End-of-Life Care EPEC[®]*

Symptom Management and Serious Illness

Pain Assessment and Management*

This program focuses on the assessment and management of physical pain. However, the concept of total pain, which encompasses physical pain and existential pain, will be addressed as it relates to managing pain in the seriously ill. Management principles include: review characteristics of nociceptive pain and neuropathic pain, appropriate pharmacologic and non-pharmacologic interventions; education of the patient and family about the plan and conversion between opioids.

Rapid Palliative Care Assessment*

In order to relieve a given patient’s suffering, a rapid, whole-patient, palliative care assessment should be completed, in which the emergency clinician learns about the patient and his or her physical, psychological, social, spiritual, practical, and loss/grief needs and expectations. Although this is difficult in the emergency, inpatient or clinic setting, it can be done with team work and can get to the core issues for presentation of a patient with palliative care needs. The type of rapid palliative care assessment you utilize changes based on the clinical condition of the patient.

Accreditation Requirements

HopeHealth helps physicians meet their accreditation requirement for end-of-life care and pain management classification for renewal of the Massachusetts Physician License.

- CME credits in end-of-life care qualify as either category 1 or category 2, and may be counted as risk management credits
- Pain Assessment and Management offering meets pain management classification by providing education and training in pain management and opioid education

Programs approved for one CME credit for physicians and one CE/contact hour for RN/LPN and SW. CME credit accredited through the American Academy of Family Physicians. Commonwealth Educational Seminars provides accreditation for RN/LPN and SW. For more information visit: HopeHealthMA.org/AccreditationInformation.

† Select programs are approved for CCM

2018 Continuing Education Series and Certifications

End-of-Life: Care and Planning

End-of-Life Nursing Education Consortium (ELNEC Core or ELNEC for Veterans)

Comprehensive overview of the principles involved in achieving quality end-of-life outcomes for patients and their families experiencing the impact of serious illness. Provides a core education for providing palliative care in various patient care settings. ELNEC is a nationally recognized curriculum developed by the American Association of Colleges of Nursing and the City of Hope National Medical Center. Modules covered in this course: nursing care at end-of-life; pain management; symptom management; cultural considerations at end-of-life; communication; ethical and legal issues; grief, loss and bereavement; and preparation for and care at time of death.

One day: 6.5 CEs for nurses, SW, and CCM, \$90 per participant

Two day: 10.5 CEs for nurses and SW, 8.5CEs for CCM, \$160 per participant

Includes manual and meals

Alzheimer's and Dementia Education Series

Alzheimer's Care Management Certificate

Take all three Dementia Certificate classes and qualify for the Alzheimer's Care Management Certificate. This new certification combines the knowledge from all three Dementia Certificate programs for 16 hours of interactive training to teach the skills necessary to manage Alzheimer's disease over the long continuum. Designed for professionals to gain the confidence and knowledge to effectively work with individuals and families in both the community and facility setting.

*16 CEs for RN/LPN, LICSW and Psychologist
Cost: \$320, includes materials fee

Dementia Certificate Level One: Fulfilling State Regulations

Meets the requirements of 105 CMR 150.024 for the specialized care of residents with dementia in a facility. Designed to enhance the skills and knowledge of all professionals working with individuals diagnosed with Alzheimer's disease or a related dementia. Modules include: overview of Alzheimer's disease and related dementias; communicating and connecting with residents; techniques and approaches to care; person centered care; understanding the needs of the family; dietary needs of residents; social needs and activities; recognizing and responding to caregiver stress; and preventing, recognizing and responding to abuse and neglect.

*Eight CEs available for RN/LPN, LICSW and Psychologist
Cost: \$160, includes materials fee

Dementia Certificate Level Two: Behavior and Medication Management

Advance your clinical knowledge in managing challenging behaviors and medication management associated with Alzheimer's and dementia both at home and in the workplace. Prerequisite: Dementia Certificate Level One

*Four CEs available for RN/LPN, LICSW and Psychologist
Cost: \$100, includes materials fee

Dementia Certificate Level Three: Advanced Problem Solving: Challenges in Alzheimer's Care

Advance your clinical skills to solve problem behaviors associated with Alzheimer's and dementia both at home and in the workplace. Program includes class participation with case studies. Prerequisite: Dementia Certificate Level Two

*Four CEs available for RN/LPN, LICSW and Psychologist
Cost: \$100, includes materials fee

**Commonwealth Educational Seminars provides accreditation. Please contact your licensing board for authorization. For more information visit: HopeHealthMA.org/AccreditationInformation.*